Appendix

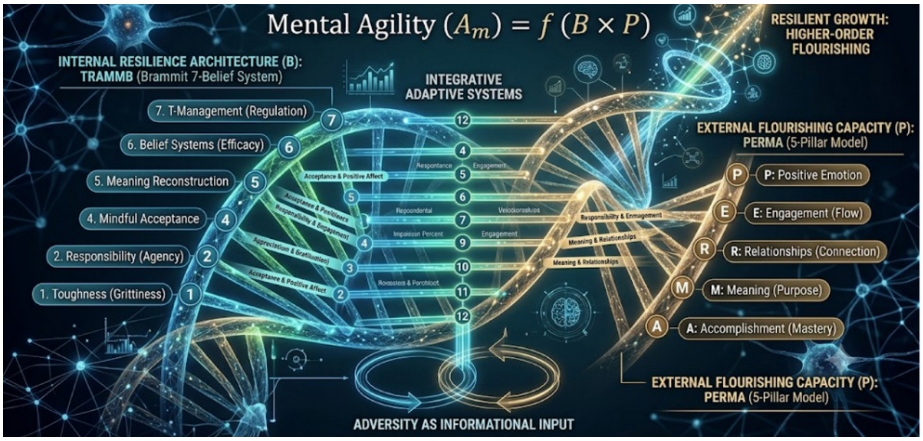


Figure 1: The Pipi Framework: DNA Helix of Mental Agility.



Figure 2: Shah's Growth Mindset-Brammit Model.

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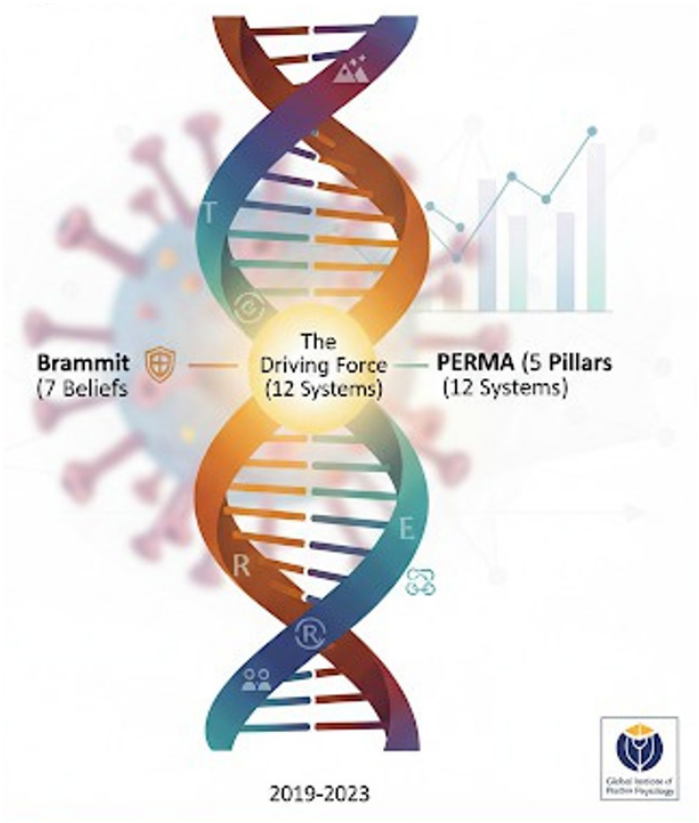


Figure 3: Positive Integrated Psychology Intervention (PIP) for COVID-19.

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